

Food Pantries for Virginia Beach Residents – October 2026

** Indicates agency may be closed and/or date changed for Columbus Day.*

List is compiled monthly by the BEACH Faith in Action Office
and is available online at BEACHCommunityPartnership.org.

Food Pantries

Zip	Host/Site	Address	Contact	Days/Times
23451	Big House Church (at Colony Trailer Park)	913 Virginia Beach Blvd.	757-652-3230	3 rd Sat., 3-5 p.m.
	Good Shepherd Lutheran	1489 Laskin Road	757-428-4052	Wed., 10:30 a.m.-noon; 2 nd & 4 th Sat., 10 a.m.-noon. Call to reserve a box.
	Judeo-Christian Outreach (JCOC)	1053 Virginia Beach Blvd.	757-491-2846	Food Pantry: Tues. & Sat., 10-noon Call to make appt.; Community Dinner (dine-in & to-go) Mon.-Fri., 5-6 p.m.; Sat. & Sun., 3-4 p.m.
	Mount Olive Baptist	310 Birdneck Road	757-422-3797	2 nd Wed., 12:30-2 p.m.
	New Jerusalem COGIC	118 Bishop Thoroughgood	757-390-5920	2 nd & 4 th Sat., 9 a.m. until out of food.
	Potter's House at VBUMC	1709 Pacific Ave.	757-428-7727 x212	Tues. & Thurs., 9:30-10:30 a.m.
	Star of the Sea Catholic	1314 Arctic Circle	757-428-1244	Fri., 9:30-11:30 a.m.
	Trinity Church	401 35 th St.	757-567-3105	Mon., Tues., Wed., Thurs.: 10 a.m.-noon
23452	First Lynnhaven Baptist	2744 Robert Jackson Drive	757-486-3608	3 rd Thurs., 10 a.m.-1 p.m.
	Foundry UMC	2801 Virginia Beach Blvd.	757-340-0595	Thurs., 9 a.m.-noon
	Kingdom Reign Church	949 Chimney Hill Shopping Center	757-499-2300	Tues., 5:30 p.m. (walk up only) 3 rd Sat., 10 a.m.-noon (drive-thru)
	Light of Hope UMC	208 S. Plaza Trail	757-340-5775	1 st Sat., 9-11:30 a.m.
	Lynnhaven Presbyterian	136 S. Lynnhaven Parkway	757-340-2897	Mon., 10 a.m.-noon
	Lynnhaven UMC	1033 Little Neck Road	757-340-5682	Call first for appointment.
	Miracle Christian Center	3420 Holland Road	757-689-2120	2 nd Sat., 10 a.m.-noon
	Relevant Church	157 Morrison Ave.	757-761-6990	2 nd Fri., noon-2 p.m.
	Sovereign Shores Baptist	4141 Holland Road	757-467-5864	Tues., 1:30-4 p.m. (drive-thru)
	St. Francis Episcopal	509 S. Rosemont Road	757-340-6884	Thurs., 11:30 a.m.-1 p.m.
	Thalia UMC	4321 Virginia Beach Blvd.	757-340-5015	Community Breakfast: Thurs., 7-8 a.m.
				Food Pantry: Thurs, 12:30-2:30 p.m. ID required.

Zip	Host/Site	Address	Contact	Days/Times
23452	Union Baptist	4608 South Blvd.	757-497-0287	2 nd & 4 th Wed., 10-noon
	Vineyard Community	4444 Expressway Drive	757-497-6909	1 st Sat., 11 a.m.-12:30 p.m.
23453	Holy Spirit Catholic (all VB residents)	1396 Lynnhaven Parkway	757-468-1533	Tues. & Thurs., 10 a.m.-noon. Mon., 6-8 p.m.
	New Life Tabernacle	3157 Shipps Corner Road #101	757-689-1581	1 st Sat., 9-11 a.m.
	Piney Grove Baptist	2804 Holland Road	757-427-6831	Tues., 9 a.m.-noon
23454	Beach Fellowship	1817 General Booth Blvd.	757-721-7388	Must call for appointment. Pick up on Wed., 11 a.m.-4 p.m.
	Eastern Shore Chapel	2020 Laskin Road	757-428-6763	Tues., Thurs., Sat., 2-6 p.m. *Closed Oct. 31.
	Freedom Fellowship	836 Regency Drive	757-428-3277	Wed., 10 a.m.-noon 1 st & 3 rd Sat.: 9 a.m.-noon
	Holy Family Outreach	1279 N. Great Neck Road	757-937-8155	Last Sat. of month, 6:45 a.m. Leave message during the week.
	More Than Conquerors Ministry	1101 Eaglewood Drive	757-761-3065	Thurs., 4:30-6:30 p.m. 2 nd & 4 th Sat., 10 a.m.- noon
	New Hope Baptist	395 Old Great Neck Road	757-486-6027	3 rd Wed., 9 a.m.-11:30 a.m.
	The Gathering at Scott Memorial	409 First Colonial Road	757-428-3720	Wed., 4:30-6:30 p.m. (drive-thru) Parking lot opens at 4 p.m. *Closed Oct. 28.
	VB Community Development Corp	2400 Potter's Road, Ste. 200	757-500-2754	Mon -Thurs., 9 a.m.-4 p.m. Fri., 9 a.m.-3 p.m.
23455	Armed Services YMCA Patriot's Pantry (active-duty only)	1465 Lakeside Road	757-363-1884	Mon. & Wed., 9 a.m.-2:30 p.m., by appointment only; military ID req'd Fri., 9:30 a.m.-1:30 p.m. (walk-ins)
	Bayside Baptist	1920 Pleasure House Road	757-460-2481	Third week, Mon.-Thurs. Call for appointment.
	Bayside Presbyterian	1400 Ewell Road	757-460-1188	Call Mon.- Fri., 9-10 a.m.
	Haygood UMC	4713 Haygood Road	757-499-1269	Mon. & Thurs., 9 a.m.-noon. Call ahead of time.
	Kingdom Investing Outreach Center	4525 E. Honeygrove Road, Suite 205	757-621-0578	Sat., 9-11 a.m. Sun., 1-2 p.m.
	Trinity Church (Town Center)	4397 Wishart Road	757-392-0180	Mon., 3-5 p.m.
	The Source Christian Church	928 Diamond Springs Road	757-350-9623	4 th Saturday, 10 a.m-2 p.m.
23456	Coastal Community	2800 S. Independence Blvd.	757-233-1293	2nd Tues., 11 a.m.-12:30 p.m.
	Courthouse Community UMC	2708 Princess Anne Road	757-427-3272	Wed., Pantry: 10 a.m.-noon & 5:30-6:30 p.m. (drive-thru); Community Meal: 5:30-6:30 p.m.

Zip	Host/Site	Address	Contact	Days/Times
23456	Nimmo UMC	2040 Nimmo Church Lane	757-427-1765	4 th Tues, 3-5 p.m.
	St. Michael Lutheran	2208 Princess Anne Road	757-427-5088	1 st & 3 rd Tues., 11 a.m.-2 p.m.
23457	Charity UMC	4080 Charity Neck Road	757-426-7296	Tues., 10 a.m.-noon; Wed., 5-7 p.m.
	New Oak Grove Missionary Baptist	3200 Head River Road	757-402-0789	Thurs., 2-3 p.m.
23462	Ascension Catholic	4853 Princess Anne Road	757-495-1886 x414	Mon.- Fri., 10-11:30 a.m. One visit per month. *Closed Nov. 11.
	Connect Church	980 Broad Meadows Blvd.	757-456-0046	Sun., 11:45 a.m.
	Heritage UMC	815 Baker Road	757-497-3943	Food Pantry 2 nd Sat., 10:30-noon Community Meal 2 nd & 4 th Tues., 6 p.m.
	Jewish Family Service	5000 Corporate Woods Drive	757-321-2222	Tues., & Thurs., 10-11 a.m. Need picture ID. Bring bags.
	Kempsville Baptist	5204 Princess Anne Road	757-499-5457	Tues., & Thurs., 10 a.m.-1 p.m. Call first.
	Living Waters Ministries	5606A Virginia Beach Blvd.	757-285-8972	Sat., 10:30 a.m.-noon
	Living Word Gospel	4971 Cleveland St.	757-490-9553	Tues, 3-5 p.m.
	Manna Ministry of Tidewater (ALL VB)	216 Business Park Drive	757-609-0709	Leave message for food pantry delivery
	New Jerusalem Ministries	5184 Singleton Way	757-961-8726	4 th Sat., noon-2 p.m.
	New St. John AME	5501 Rock Creek Lane	757-499-7936	Sat., noon-1 p.m.
	Open Altar Ministries	4992 Euclid Road, #6	757-880-0907	Call for appt. Pickup Wed. & Thurs.
	St. Andrews UMC	717 Tucson Road	757-467-1047	Mon. 4-6 p.m.
	St. Gregory the Great Catholic	247 Clearfield Ave.	757-497-8330	Tues. & Thurs., Noon-1:30 p.m.
	SonRise Christian	600 Independence Blvd.	757-962-2996	1 st Sat., 10 a.m.-noon
	Thalia Lynn Baptist	4392 Virginia Beach Blvd.	757-499-0557	Tues., 11 a.m.-1 p.m.
	The Mount	620 Baker Road	757-402-3114	Tues, Wed, Thurs, 10 a.m.-2 p.m.
			757-314-4568	2 nd Sat., 10-noon (drive-thru)
	Vision Life Ministries	129 N Witchduck Road	757-793-9359	Food Pantry: Fri., noon-2 p.m. *Closed Oct. 2.
23464	Azalea Garden Church	1541 Centreville Turnpike	757-366-0406	Thurs. 9-11 a.m. (drive-thru)
	Coastal Virginia Unitarian Universalists	809 S Military Hwy.	757-627-5371	Wed., 5 p.m. To-go meals until gone.

Zip	Host/Site	Address	Contact	Days/Times
23464	Crossway Church	1861 Kempsville Road	757-479-1133	1 st & 3 rd Wed., 10-11 a.m.
	Hope Lutheran	5350 Providence Road	757-424-4848	2 nd & 4 th Wed., 6-7 p.m. 2 nd & 4 th Sat., 10-11 a.m.
	Jeanna's iFeed	528 S. Military Highway	757-679-0579	1 st Sat., 9:30-11:30 a.m.
	Memorial UMC	804 Gammon Road	757-420-1407	Mon.–Fri., 9;15-11 a.m. *Closed Oct. 12.
	New Beginnings Church of Christ	6400 Drew Drive	757-420-7712	4 th of every month, 10-11:30 a.m.
	New Genesis Baptist	3229 MacDonald Road	757-362-5570	4 th Thurs., 4-6 p.m. (drive-thru)
	Rock Church International	640 Kempsville Road	757-403-7514	Tues., Wed., Thurs., 1:30-2:30 p.m. Call for appointment first.
	St James Missionary Church	5724 Old Providence Road	757-961-3388	1 st & 3 rd Sat., 10 a.m.-noon
	St. Mark's Catholic	1505 Kempsville Road	757-479-1010	Wed., 10 a.m.-1 p.m. ID required
	St. Matthew Catholic	3314 Sandra Lane	757-420-7352	Call for appointment.
	Suburban Christian	5132 Bellamy Manor Drive	757-495-0352	1 st & 3 rd Tues., 12:30- 2 p.m.
ALL	Reset Inc.	1109 S. Military Highway, Chesapeake 23320	757-362-1157	Thurs., 2-4 p.m. 24/7 food pantry College Park area.

Pantry Delivery

Zip	Host/Site	Address	Contact	Days/Times
ALL	Lasagna Love	Delivery only	Lasagnalove.org/request-a-meal	Home delivery of free Lasagna dish. Once per month.
	Manna Ministry of Tidewater	216 Business Park Drive, 23462	757-609-0709	Call and leave message with name and phone number
	Vision Life Ministries	Delivery only	757-317-1981	1 st & 3 rd Thurs., Must call and leave a message to qualify

Resources for Virginia Beach Residents – October 2026

*** Indicates agency may be closed and/or date changed for Columbus Day.**

List is compiled monthly by the BEACH Faith in Action Office
and is available online at BEACHCommunityPartnership.org.

Financial Resources

Zip	Organization	Notes	Address	Contact	Days/Times
23451	Potter's House	Utilities Only.	1709 Pacific Ave.	757-428-7727 x212	Tues. & Thurs., 9:30-10:30 a.m.
	Star of the Sea Catholic	Electric Only.	1314 Arctic Circle	757-428-1244	Call and leave message
23453	Holy Apostles Catholic	Utilities & Rental up to \$50.00 every 12 months	1593 Lynnhaven Parkway	757-427-0963	2nd & 4th Wed., 11 a.m.-1 p.m.
	Holy Spirit Catholic	Financial Only for 23452 & 23453 (no rental assistance)	1396 Lynnhaven Parkway	757-468-1533	Call and leave message for appointment (once every 2 years)
23454	Holy Family Outreach	Utilities Only.	1279 N. Great Neck Road	757-937-8155	Call and leave message
	Spring Branch Community	Email for assistance (no rental assistance)	1500 N. Great Neck Road	VinnyRos@aol.com	
23455	Bayside Baptist	Utilities Only for 23455 & 23462 with a disconnect notice (once every 2 years)	1920 Pleasure House Road	757-460-2481	Call for appointment. Closed every Friday.
23462	Ascension Catholic	Utilities Only. (no rental assistance) No walk-ins.	4853 Princess Anne Road	757-495-1886 x414	Call Monday and leave message. *Closed Nov. 11.
	St Andrews UMC	Only 23462 & 23464 (no rental assistance)	717 Tucson Road	757-467-1047	Call Mon., Wed., Fri., 9-11 a.m.; no messages
	St Gregory the Great	No walk-ins. (no rental assistance)	5345 Virginia Beach Blvd.	757-497-8330 x303	Call and leave message.
ALL	VB Human Services	Help with Dominion Power bill (PIPP)	3432 Virginia Beach Blvd.	757-385-4306 855-635-4370 dss.virginia.gov/benefit/PIPP	Mon.-Fri., 7 a.m.-6 p.m.

Mental Health Resources

Organization	Notes	Address	Contact	Days/Times
Catholic Charities	Services listed on website.		757-456-2366, cceva.org	By appointment only
NAMI Coastal Virginia	Free support groups and classes for mental health issues.	Pembroke 4 building, 291 Independence Blvd., Suite 542	757-499-2041 namicoastalvirginia.org	Mon.-Fri., 10 a.m.-4 p.m.
Embrace Counseling	Mental health, trauma and grief counseling	260 Grayson Road, Ste. 200	757-459-4640 Jfshamptonroads.org	Mon.-Fri., 9 a.m-5 p.m. (by appt.only)

Clothing Resources

Zip	Organization	Notes	Address	Contact	Days/Times
23452	Foundry UMC		2801 Virginia Beach Blvd.	757-340-0595	Thurs., 9 a.m.-noon
	Light of Hope UMC		208 S. Plaza Trail	757-340-5775	1 st Sat., 9-11:30 a.m.
	Union Baptist		4608 South Blvd.	757-497-0287	2 nd & 4 th Wed., 10 a.m.-noon.
23454	Freedom Fellowship		836 Regency Drive	757-428-3277	1 st & 3 rd Sat., 9-11 a.m.
	Holy Family Outreach		1279 N. Great Neck Road	757-937-8155	Call for appt. and leave message.
	The Gathering at Scott Memorial		409 First Colonial Road	757-428-3720	3 rd Sat., 9:30-11:30 a.m. (2 nd Sat. in Dec.)
23455	Haygood UMC Kids Clothing Exchg.		4713 Haygood Road	757-499-1269	Mon.: 9 a.m.-noon Tues.: 3 p.m.-6 p.m.;
23462	Kempsville Christian Church		5424 Parliament Drive	757-490-3925	2 nd Sat. 9-11:30 a.m. (except Jan.)
	Tidewater Central Church of Nazarene		5514 Parliament Drive	757-497-8703	1 st & 3 rd Sat., 10 a.m.-2 p.m.
	Vision Life Ministries		129 N. Witchduck Road		Fri.: 11 a.m.-1 p.m.; *Closed Oct. 2.
23464	Avalon Hills Bible Church		5728 Indian River Road	757-420-5583	Last Sat of the month, 10 a.m. – 1 p.m.
	Community UMC	Children's Clothing	1072 Old Kempsville Road	757-495-1021	Tues.: Noon-2 p.m.; Thurs.: 10 a.m.-Noon
	Kempsville Presbyterian		805 Kempsville Road	757-495-1913	Wed., 1-2 p.m. (except 5 th week)
	St James Missionary Church		5724 Old Providence Road	757-961-3388	1 st & 3 rd Sat., 10 a.m.-noon

Diapers

Zip	Organization	Notes	Address	Contact	Days/Times
23452	FOTE Outreach		3420 Club House Road	757-431-0052	Tues.-Fri. Call for pick-up.
	Our Children, Our Village	Single parents only	3419 Virginia Beach Blvd. #D37	757-354-4689	Call for appointment.
23454	Holy Family Outreach		1279 N. Great Neck Road	757-937-8155	Call and leave message.
23455	Armed Services YMCA Patriot's Pantry	Active-duty only.	1465 Lakeside Road	757-363-1884	Mon., Wed., Fri., 9 a.m.-1:30 p.m.
23456	Angels Birthing Circle	Must register	1420 Ludlow Drive	757-296-3458	1 st Saturday
23464	Metamorphosis		1921 Centerville Turnpike	757-809-6537	Call for appointment.
	St. Mark's Catholic		1505 Kempsville Road	757-479-1010	Wed., 10 a.m.-1 p.m.

Zip	Organization	Notes	Address	Contact	Days/Times
ALL	Reset Inc.		1109 S. Military Highway, Chesapeake 23320	757-362-1157	Thurs., 2-4 p.m.

Medical Resources

Provider	Host/Site	Address	Contact	Days/Times
Bon Secours Care-A-Van	Good Samaritan Episcopal Church	848 Baker Road	757-889-5121, takeirah_martin@bshsi.com	1 st & 3 rd Thurs., 8:30-noon Call/email for appointment. Walk-ins are welcome.
ODU Community Care	Housing Resource Center	104 N. Witchduck Road	757-385-2437 https://community-care-odu.com/	Mon.-Wed. 9 a.m.-4 p.m. Walk-ins are welcome.
ODU Community Care	PiN Ministry	1164 Millers Lane	757-962-3567	Appointments: Mon.-Wed. 9 a.m.-4 p.m. Walk-ins: Thurs. & Sun., 1-4 p.m.
ODU Speech & Hearing Clinic		240 Lions Child Study Center, Norfolk	757-683-4117, speechhearingclinic@odu.edu	
Sentara Mobile Care	Samaritan House	2620 Southern Blvd.	757-261-6477	Mon., 8:30 - 10:30 a.m.
	Seatack Rec. Center	141 Birdneck Road	757-261-6477	Mon., 3-6 p.m.
	The Mount	620 Baker Road	757-261-6477	Wed., 2-6 p.m.

Dental Resources

Provider	Notes	Address	Contact	Days/Times
DentaQuest for all Medicaid Providers	Cardinal Care Smiles program	www.dentaquest.com	888-912-3456	Mon.-Fri., 8 a.m.-6 p.m.
Chesapeake Care Clinic	Must call first.	2145 S. Military Highway, Chesapeake	757-545-5700	Tues. & Wed., 9 a.m.-5 p.m.; Thurs., 9 a.m.-6 p.m.; Fri., 9 a.m.-3 p.m.
Mobile Dental	For Medicaid patients.	1164 Millers Lane	757-962-3567	Every other Tues. Call for appointment.
Neighborhood Dental Clinic	Adult & Child Medicaid accepted	1832 Kempsville Road Unit 104	757-937-3241	Mon.-Thurs., 8 a.m.-5 p.m. Fri., 8 a.m.-1 p.m.
New Jerusalem COGIC	For Adults & Senior Citizens	118 Bishop Thoroughgood	757-735-5546	Call for appointment.
Ocean View Medical & Dental Center (HRCHC)	Part of Hampton Roads Community Health Center	9581 Shore Drive, Norfolk	757-393-6363	Mon.-Fri., 8 a.m.-5 p.m. Call first for eligibility.
ODU Dental Hygiene Care Facility		Health Sciences Bldg., Norfolk	757-683-4308	Call for directions and appointment.
ODU Dental Clinic at VB Housing Resource Center	Must have Medicaid	104 N. Witchduck Road	757-385-2437	4 th Wed., 9 a.m.-1:30 p.m. Call for qualification and appointment.
Park Place Dental Clinic		606 West 29 th St., Norfolk	757-683-2692	Mon.-Thurs., 10 a.m.-2 p.m. Fri., 10 a.m.-noon

Provider	Notes	Address	Contact	Days/Times
ReStore Dental HR	Adult & Child Medicaid accepted	223 E City Hall Ave., #102, Norfolk	757-302-5622	Mon.-Fri., 8 a.m.-5 p.m.
Sentara Community Care	Call for information and appointment	The Mount Church, 620 Baker Road	757-393-6363	2 nd Tues., 10 a.m.

Senior Resources

Organization	Notes	Contact
Meals on Wheels		757-419-8810, Mealsonwheelsvb.org
Manna Ministry of Tidewater	Food pantry delivery available	757-609-0709
Senior Services of Southeast VA	Transportation, Meals on Wheels	757-461-9481, Ssseva.org
Virginia Beach Tax Relief Programs	Seniors (65+)	757-385-4385
Mayor's Commission on Aging	Senior Housing & Resource Guide	Virginia-beach.gov/MCOA

Employment Resources

Organization	Address	Contact	Days/Times
Hampton Roads Workforce Council	861 Glenrock Road, Norfolk	757-629-4699, TheWorkforceCouncil.org	
Virginia Career Works		757-461-7537, Vawc.virginia.gov	
Virginia Beach Human Services Hiring Event	Housing Resource Center, 104 N. Witchduck Road	757-385-3587	3 rd Wed., 10 a.m.-noon (except Dec.)
Urban League of Hampton Roads	875 Baker Road	757-627-0864, ULHR.org	

Other Resources

Resource Type	Contact
Get Help information, homeless support services, food pantry list.	BEACHCommunityPartnership.org
Apply for government programs	CommonHelp.Virginia.gov , 855-635-4370
Alcoholics Anonymous (Southside Tidewater)	tidewaterintergroup.org , 757-490-3980
Armed Services YMCA Child Development Center	3629 Sentara Way, 23452; 757-363-1884
Catholic Charities	www.cceva.org ; 757-456-2366
Dept of Social Services	3432 Virginia Beach Blvd., 23452; 757-385-3200
Drive Safe Hampton Roads – Free Lyft ride up to \$15 for major events and holidays across Tidewater	https://www.drivesafehr.org/757-sober-ride
Housing Crisis Hotline	757-227-5932; Mon.-Fri., 8 a.m.-5:30 p.m.
Judeo-Christian Outreach Center (main office)	1053 Virginia Beach Blvd., 23451; 757-491-2846
Low Income, Household Water	Application: www.VirginiaLIHWAP.com , 888-373-9908
Navy-Marine Corps Relief Society	Oceana, NMCRS.org ; 757-433-3383
Heart of Christmas (year-round) Resources for Homeless Students in VB and Norfolk	Contact Diana Barrett, 757-679-6925
Sentara Community Cancer Screening events in VB	canceroutreach@sentara.com , 757-395-6754
Substance Use Disorder Treatment at Pathways	757-385-6950; Mon.-Fri., 9 a.m.-10 p.m.
VB Tax Relief Programs for Seniors (65+), Disabled, Disabled Veterans	cor.virginiabeach.gov , 757-385-4385